#### The EUBIROD project: A Shared Evidence-based Diabetes Information System for Europe



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European Best Information through Regional Outcomes in Diabetes (EUBIROD) (Project Leader: Prof. M.Massi Benedetti, University of Perugia)



## **Policy Goals**

#### **EU Parliament Resolution on Diabetes (14 March 2012):**

"4. Calls on the Commission to draw up common, standardised criteria and methods for data collection on diabetes, and, in collaboration with the Member States, to coordinate, collect, register, monitor and manage comprehensive epidemiological data on diabetes, and economic data on the direct and indirect costs of diabetes prevention and management"









#### "EUBIROD aims at establishing a European Diabetes Register through the extension of the BIRO network and the use of related technology"

EC Grant Agreement 2007115 EUBIROD, Brussels, 19/8/2008

DG-SANCO Health Information Duration: 42 months Total N.Participants: 26 N.Countries: 21





### **Our Vision**

http://www.eubirod.eu

"Complex systems of health indicators require access to different sources, continuous update and regular maintenance. Our vision is to create sustainable solutions for public information in ways never done before, in Europe and beyond" (www.eubirod.eu, February 2009)

Shared = Owned by a Community: Anyone can Join Open Source = Free to Modify and Use, Widely distributable Industry Independent = Public Privacy by Design = Legally Viable Distributed = Efficient and Sustainable Standardized = Evidence-based Risk Adjusted = Statistically Robust Multidimensional = Policy Relevant





## "..common, standardized criteria..."

http://www.eubirod.eu/biroDataStandards.htm

#### **User supplied Datasets**

#### **BIRO Data Standards**

Source Profile (Structure, Items, Privacy) Merge Table (Multiple Episodes) Activity Table (Master Index) Population Table (Region) Diabetic Population Table (Region)

#### BIRO Indicators (N=79)

Clinical Characteristics: Risk Factors (N=19) Health System: Structures, Processes (N=20) Population: Vital Statistics (N=3) Risk Adjusted: Outcomes (N=31) Pediatric Section (N=6)

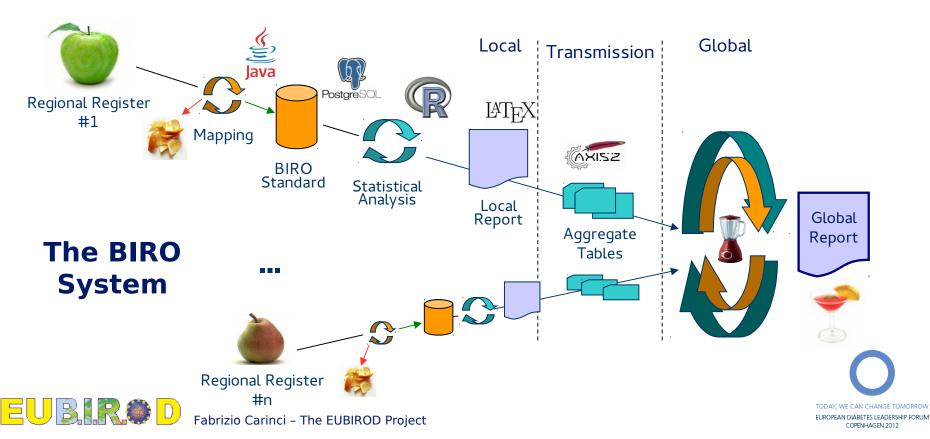


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ome	BIRG	) Data S	tandards			News
ows					. September	Final EUBIROD Meeting
RO Data Standards	Downloa	d BIRO Definitions	s as a pdf Document	(S.Cunningha	m) 2011	to be held in Lamaca, Cyprus 24-25 February 2012
roject 🕨						Third EUBIROD Annual
ne BIRO Academy	1. The	BIRO Commo	n Dataset			Meeting See here
ne BIRO Web Portal	Ref.	BIRO Name	Description	Data Type	Enumerated Values/ Measurement	Commissioner J.Dalli addresses the audience at the EUBIROD
ublications					Units	2011 Meeting, 22-25th January2011. read more
stricted Area	BIRO001	PAT_ID	Patient ID	String(12)		
nks	BIRO002	DS_ID	Data Source ID	String(10)		EUBIROD methods presented at EUPHA, Amsterdam, 10-13th November 2010 read.more
ontacts	BIRO003	TYPE_DM	Type Of Diabetes	Enumerated	1=Type 1 2=Type 2 3=Other	
175	BIRO004	SEX	Sex	Enumerated	1=Male 2=Female	BIRO and EUBIROD podium
100 C	BIRO005	DOB	Date of Birth	Date/Time		Health Annual Research
~	BIRO006	DT_DIAG	Date of Diagnosis	Date/Time		Meeting, Boston, USA, 29th June 2010 read more
Directorate-General for Health & Consumers	BIRO007	EPI_DATE	Episode Date	Date/Time		
Concustive Agency for Health and Concustorers	BIRO008	SMOK_STAT	Smoking Status	Enumerated	1=Current Smoker 2=Non-Smoker 3=Ex-smoker	Special BIRO Academy Meeting held in Rome 4-5 June 2010 <u>read more</u>
	BIRO009	CIGS_DAY	Cigarettes per day	Integer		
	BIRO010	ALCOHOL	Alcohol Intake	Integer	g/week g/day	
	BIRO011	WEIGHT	Weight	Real	Kg	
	BIRO012	HEIGHT	Height	Real	m cm	
	BIRO013	BM	Body Mass Index	Real		
	BIRO014	SBP	Systolic Blood Pressure	Integer	mmHg	
	BIRO015	DBP	Diastolic Blood Pressure	Integer	mmHg	



### "...methods for data collection on diabetes..."

http://www.eubirod.eu/images/eubirod\_homepage\_mainfigure\_explained.png



#### **Privacy by Design (EU Data Directive)** DI IORIO CT et al, J Med Ethics. 2009 Dec;35(12):753-61

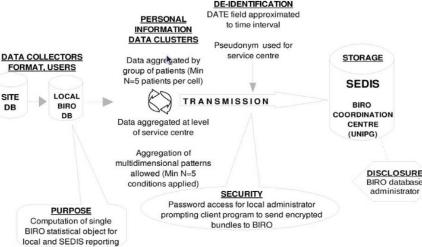
SITE

DB

Law, ethics and medicine Privacy impact assessment in the design of transnational public health information systems: the BIRO project

C T Di Iorio,<sup>1</sup> F Carinci,<sup>1</sup> J Azzopardi,<sup>2</sup> V Baglioni,<sup>3</sup> P Beck,<sup>4</sup> S Cunningham,<sup>5</sup> A Evripidou,<sup>6</sup> G Leese,7 K F Loevaas,8 G Olympios,6 M Orsini Federici,3 S Pruna,9 P Palladino,10 S Skeie,<sup>8</sup> P Taverner,<sup>8</sup> V Travnor,<sup>6</sup> M Massi Benedetti<sup>3</sup>

Result of the BIRO Delphi panel: best alternative identified to balance privacy protection and information content





### "..in collaboration with the Member States.."

- BIRO is a multidisciplinary collaboration and a spinoff of practical action involving researchers (epidemiologists, statisticians, informaticians), health professionals (nurses, clinicians), policy makers and citizens.
- Through the project, the Cyprus Ministry of Health launched the diabetes data collection by opening the first diabetes clinic in Larnaca, now using BIRO for clinical audit in the region. Two highly productive BIRO/EUBIROD meetings were held in Larnaca, with the generous support of the Cyprus Diabetes Association.
- At the 1<sup>st</sup> BIRO Residential Course, held at the **Dasman Institute, Kuwait City** (5/2009), a first analysis of diabetes data from Al Amiri hospital was performed with the collaboration of representatives of the local community.
- At the 2<sup>nd</sup> BIRO Residential Course, organized by IDF in Brussels (1/2011), policy makers from Tanzania, Lebanon, China, Barbados and Cuba planned a National diabetes register. The meeting was closed by the EU Health Commissioner, J.Dalli.

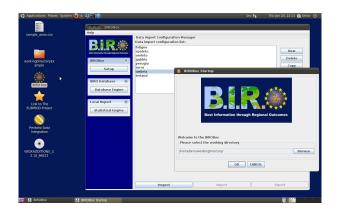




Slide no 9

# "..collect, register, monitor and manage.."

http://www.eubirod.eu/academy/software/software.html



The **BIRO System** is an open source suite of integrated software tools distributed as a complete Linux operating system running on Virtual Machine: **BIROX**.

Runs on any platform (Windows, Linux, MacOS) = no need to change the setup of the local environment!

BIROBox is the Graphical User Interface. Database Engine transforms local definitions into the European BIRO format and loads data in the local BIRO Database; Statistical Engine processes the local BIRO Database and computes European BIRO Indicators; Communication Software sends data to the European server; Central Engine compiles results from multiple sources





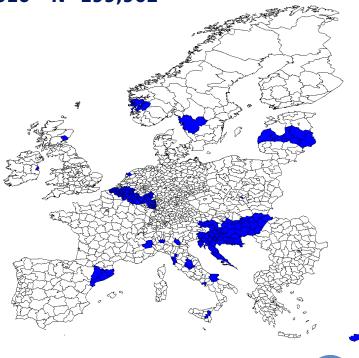
# "..comprehensive epidemiological data.."

EUBIROD Diabetes Report, YEAR 2010 - N=199,902

8/2/2012: New BIRO Release 2.1.12 15/2/2012: Collection of statistical objects closed 21/2/2012: EU Report available (N=79 indicators)

13 Days from Software Release to Online Publication of the results !

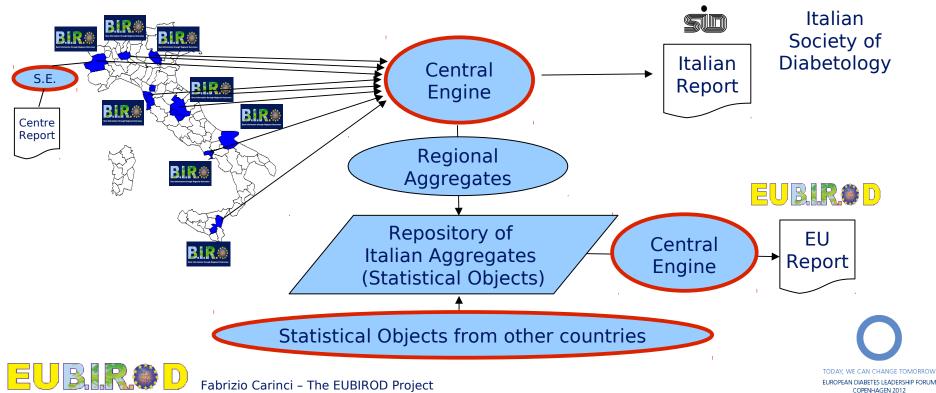
[Previously: 52 days (8/2011), 60 days (1/11)]





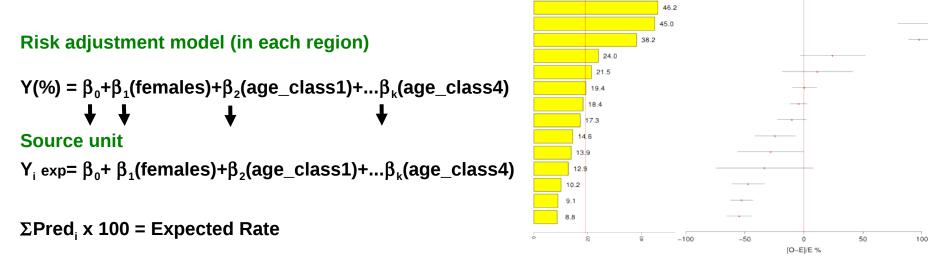
### How EUBIROD works: country example

ITALY: BIRO installed in N=8 centres DATABASES OF INDIVIDUAL RECORDS STAY WITH THE ORIGINAL DATA CUSTODIAN



# **Multivariate Risk Adjustment**

(AHRQ Health Care Quality Indicators)



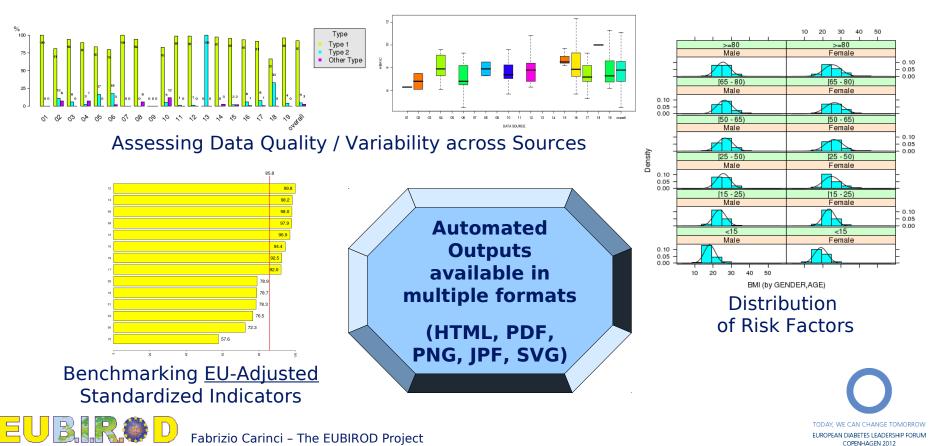
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Standardized Rate= (observed rate/expected rate)\*pop.rate





### **Flexible Reporting**



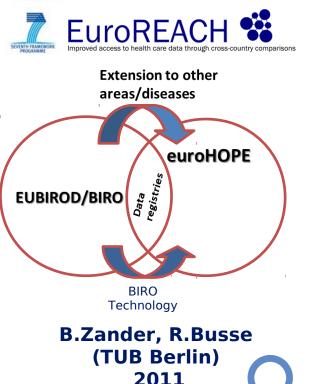
### **Independent Evaluation**

Euroreach WP2: Coordination with International Health Data Initiatives <a href="http://www.euroreach.net/activities/workpackages/w2">http://www.euroreach.net/activities/workpackages/w2</a>

"Based on the success factors and key facts of Best Practice examples....Recommendation: use of BIRO technology"

"Establishment of nationwide databases with multiple administrative registry linkages at individual level...

Recommendation: BIRO can be extended to further diseases and has even been specifically conceived and realized for that, since the entire platform may be parameterized to allow the computation of health indicators for a wide range of diseases"



#### An avenue for the future: the BIRO Academy

http://www.eubirod.eu/academy/index.html

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#### Register: Q - Privacy Self Evaluation Chart value value lcl average ucl

Accountability
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Collection
$\diamond \diamond \diamond$
Consent
♦ ♦ +
Use
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Disclosure
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Accuracy
◇ ◇ + ◇
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Openness
Access
◊ ◊ + ◊
Compliance
Compliance
Compliance    Compliance    Anonymisation
Compliance

1. Integrated Network of Diabetes Data Sources (Meta-Registry)

2. "..economic data on the direct and indirect costs of diabetes prevention and management.."  Promotion of Best practices in Privacy Protection (validating objective metrics for "Privacy Performance Assessment (EJPH 2012)"



4. Dissemination of the BIRO approach (e.learning platform)



### Conclusions

- ✓ EUBIROD has practically realized a European Diabetes Register through a coalition of multiple registers and different data sources
- ✓ The BIRO technology is open, sustainable, generally valid and, most importantly, it has proved to work. The results can be automatically linked to official EU platforms e.g. HEIDI.
- ✓ Our experience paves the way for a new generation of translational evidence-based information systems whose objective will be...

#### ...to bring health information "Bedside to Brussels"

